## NEW MEMBER QUICK REFERENCE GUIDE



Resource	Assistance	Contact Information
<b>Detego Health Care Guides</b> 8am-6pm ET Monday-Friday	General questions.	MemberServices@detegohealth.com (866)-815-6001
<b>Member Portal</b> Detego Health 24/7/365	Find details on you and your dependents, your claims, important forms etc.	<u>Detego Health Member Portal Login</u>
Search For Primary Care, Specialty Care, Urgent Care and Laboratories PHCS 24/7/365	Search for and find a provider in your area. Choose "PHCS" as your network and choose "Practitioner and Ancillary" from the list.	PHCS <u>www.multiplan.com</u> (888) 263-7543
<b>Nominate a Provider</b> Detego Health Care Guides 8am-6pm ET Monday-Friday	Nominate a provider you would like to see in the your network.	MemberServices@detegohealth.com (866)-815-6001
<b>Personal Health Dashboard™</b> US HealthCenter 8am-5pm CT Monday-Friday	Member login Assistance Logging into the Personal Health Dashboard™.	America's Choice PHD (877) 322-7398 × 2 help@ushealthcenterinc.com
<b>Pharmacy Manager</b> America's Pharmacy Source	Locate In-Network Pharmacies. Order Rx refills and more.	https://americaspharmacysource.com/ (800) 974-7036
<b>Employee Assistance Program</b> Fei 24/7/365	Counseling, work-life balance, legal and financial assistance.	<u>FEI Member Login</u> Company Code: <b>ushcinc</b>
<b>Telemedicine</b> Teladoc 24/7/365	Connect with board-certified physicians anytime, anywhere in the United States.	<u>Teladoc Member Login</u> 1-800-Teladoc
<b>Precertification / Case Management</b> Detego Health Care Guides 8am-6pm ET Monday-Friday	Whenever you have a major surgery or procedure planned, have your doctor call us to start the preauthorization process.	MemberServices@detegohealth.com (866) 815-6001
Health Coaching US HealthCenter 24/7/365	Schedule an appointment with a health coach.	healthcoach@ushealthcenterinc.com (877) 322-7398 × 3
<b>Imaging Services</b> Green Imaging / Detego Health Care Guides 8am-6pm ET Monday-Friday	Locate an Imaging center for CT, MRI, mammograms, etc. Coordination ofiImaging services.	MemberServices@detegohealth.com (866) 815-6001
<b>Member Changes</b> Detego Health Care Guides 8am-6pm ET Monday-Friday	Request a plan change due to a qualifying event ie/ birth of child, marriage, etc.	MemberServices@detegohealth.com (866) 815-6001
<b>Balance Billing</b> Detego Health Care Guides 8am-6pm ET Monday-Friday	Compare the "amount you owe" on the EOB and provider bill. If they don't match, call or email us for assistance.	MemberServices@detegohealth.com (866) 815-6001
<b>Diabetes Management</b> Detego Health Care Guides 8am-6pm ET Monday-Friday	Order diabetes supplies and coaching at no cost to you.	MemberServices@detegohealth.com (866) 815-6001
<b>Medical Equipment</b> Detego Health Care Guides 8am-6pm ET Monday-Friday	Home medical equipment and services at dramatically lower costs.	MemberServices@detegohealth.com (866) 815-6001
Member Online Resources 24/7/365	How to videos & FAQ's Member Welcome Kit	<u>Detego Health Support Videos</u> <u>Member Welcome Kit</u>

These resources are available to members who have enrolled in one of our major medical plans. Certain resources contained above may not be included in non-major medical plans.